



ALDI Meal Plan week of 11/19/23 – Find the recipes at MashupMom.com	
Sunday	Cream cheese pasta bake w/ French fried onions, salad
Monday	Sausage & sweet potato sheet pan dinner, pineapple
Tuesday	Low carb taco casserole, roasted broccoli & carrots
Wednesday	Leftovers, pizza night, carryout, mix it up!
Thursday	Turkey, this is not a green bean casserole, cranberry sauce, Hawaiian rolls
Friday	Easy leftover turkey soup, baguette, side salad
Saturday	Leftover turkey chili, copycat Trader Joe's cheddar-jalapeño pull-apart bread

Dairy & refrigerated

5 oz Emporium Selection shredded Parmesan, \$2.49 (Sun, Tues, Thurs, Sat)
8 oz brick Happy Farms cream cheese, \$1.19 (Sun)
Bake House Creations jumbo flaky biscuits, \$1.79 (Sat)
16 oz Happy Farms mild shredded cheddar, \$2.99 (Tues, Sat)
Friendly Farms sour cream, \$1.69 (Tues, Sat)

Grocery

L'Oven Fresh Hawaiian sweet rolls, \$2.75 (Thurs)
Specially Selected French baguette, \$1.69 (Fri)
Chef's Cupboard French fried onions, \$1.79 (Sun, Thurs)
2 boxes 32 oz Chef's Cupboard chicken broth, \$2.58 (Fri, Sat)
16 oz Reggano rotini, \$.99 (Sun) — *Note: If your store has farfalle in stock, use that instead. Mine is out, so if yours is too, use 3/4 of this box of rotini.*
24 oz jar Reggano marinara, \$1.59 (Sun)
4 oz can Pueblo Lindo chopped green chiles, \$.79 (Sat)
2 cans Happy Harvest fire roasted diced tomatoes, \$2.38 (Sat)
1 can Happy Harvest tomato paste, \$.79 (Sat)
1 can Dakota's Pride great northern beans, \$.79 (Sat)
1 can Dakota's Pride kidney beans, \$.79 (Sat)

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Meat & seafood

12 lb frozen Butterball turkey, \$15.24 (Thurs, Fri, Sat)
2 lb pack 80/20 ground beef, \$8.38 (Sun, Tues)
Parkview Polska kielbasa, \$2.99 (Mon)

Produce

12 oz pack cranberries, \$.99 (Thurs)
Pineapple, \$1.89 (Mon)
3 ct romaine hearts, \$2.79 (Sun, Fri)
2 packs 8 oz white mushrooms, \$3.78 (Sun, Thurs)
8 oz baby bella mushrooms, \$1.99 (Mon)
Bunch green onions, \$.95 (Sun, Tues, Fri, Sat)
2 lbs carrots, \$1.99 (Sun, Tues, Fri)
1 lb broccoli, \$1.99 (Mon, Tues)
1 head of cauliflower, \$2.99 (Tues)
1 lb green beans, \$1.79 (Thurs)
3 heads garlic, \$1.59 (Sun, Tues, Thurs, Fri, Sat)
3 lbs yellow onions, \$1.29 (Sun, Mon, Fri, Sat)
8 oz jalapeños, \$.79 (Sat)
2 sweet potatoes, \$.49 (Mon, Thurs)
Celery, \$.95 (Sun, Fri)

Total: \$79.95

***** Staple items you'll need: Check for pantry staples, seasonings, & condiments that are used in this week's recipes, but not included in the shopping list:**

Olive oil, butter, sugar, balsamic vinegar, thyme, rosemary, sea salt, black pepper, Italian seasoning, chili powder, cumin, oregano, smoked paprika, cinnamon, cayenne, bay leaf, parsley, turmeric, garlic powder, onion powder, seasoned salt, Kosher salt, sage, salad dressing of choice

**** Note:** You can often **substitute something else and/or omit** some of these items, depending on the recipe. Read through the recipes before shopping, to see where you may need to re-stock your own pantry staples.

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