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| **ALDI Meal Plan week of 7/2/23 – Find the recipes at MashupMom.com** | |
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| **Sunday** | BBQ bacon cheddar chicken sandwiches, grapes |
| **Monday** | Jalapeño popper chicken chili, tortilla chips |
| **Tuesday** | 4th of July BBQ: Brats, chips, salsa, corn on the cob |
| **Wednesday** | Slow cooker salsa chicken tacos, grapes |
| **Thursday** | Ribs, salad, leftover chili |
| **Friday** | Cheese tortellini w/ broccoli & tomatoes, baguette |
| **Saturday** | Leftovers, pizza night, carryout, mix it up! |

Dairy & refrigerated

2 packs 9 oz Priano three cheese tortellini, $5.98 (Fri)  
8 oz Happy Farms cream cheese, $1.49 (Mon)  
Emporium Selection shredded Parmesan, $2.49 (Thurs, Fri)  
8 oz Happy Farms deli sliced sharp cheddar, $1.49 (Sun, Weds)

Frozen

Season’s Choice steamable broccoli florets, $.99 (Fri)

Grocery

L’Oven Fresh hot dog buns, $1.29 (Tues)  
L’Oven Fresh hamburger buns, $1.29 (Sun)  
Specially Selected French baguette, $1.79 (Fri)  
Clancy’s restaurant style tortilla chips, $1.89 (Mon, Tues)  
24 oz Casa Mamita medium salsa, $2.29 (Tues, Weds)  
Packet of Tuscan Garden ranch dressing mix, $.49 (Mon)  
Burman’s original BBQ sauce, $1.49 (Sun, Thurs)  
32 oz Chef’s Cupboard chicken broth, $1.29 (Mon)  
Packet of Casa Mamita taco seasoning, $.39 (Weds)  
El Milagro flour tortillas, $1.16 (Weds)  
1 can Casa Mamita diced tomatoes with green chilies, $.89 (Mon)  
2 cans Dakota’s Pride cannellini beans, $1.58 (Mon)

1 can Dakota’s Pride black beans, $.79 (Weds)  
1 can Happy Harvest whole kernel corn, $.69 (Mon)

Meat & seafood

19 oz bratwurst, $2.99 (Tues)  
4.75 lb family pack boneless skinless chicken breast, $10.89 (Sun, Mon, Weds)  
4 lbs spare ribs, $9.16 (Thurs)  
Appleton Farms premium sliced bacon, $3.99 (Sun, Mon)

Produce

4 pack sweet corn, $2.29 (Tues)  
2 lbs red grapes, $2.78 (Sun, Weds)  
Bag of garden salad, $1.49 (Thurs)  
3 lbs yellow onions, $2.29 (Mon, Tues, Weds)  
3 heads garlic, $1.49 (Mon, Fri)  
8 oz jalapeños, $.69 (Mon, Weds)  
2 avocados, $1.18 (Weds)  
10 oz container grape tomatoes, $1.89 (Fri)

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**Total: $70.89**

***\*\*\* Staple items you’ll need: Check for pantry staples, seasonings, & condiments that are used in this week’s recipes, but not included in the shopping list:***

Olive oil, butter, crushed red pepper, garlic salt, smoked paprika, chili powder, cumin, oregano, sea salt, black pepper, Italian seasoning, garlic powder, salad dressing

*\*\* Note: You can often* ***substitute something else and/or omit*** *some of these items, depending on the recipe. Read through the recipes before shopping, to see where you may need to re-stock your own pantry staples.*