



ALDI Meal Plan week of 5/28/23 – Find the recipes at MashupMom.com	
Sunday	Naan pizza with pesto, zucchini, & tomatoes
Monday	Memorial Day burger BBQ: Burgers, corn on the cob, watermelon, potato chips
Tuesday	Weeknight cheesy taco pasta, skillet Parmesan green beans
Wednesday	Slow cooker BBQ chicken drumsticks, sauteed cheddar chickpeas + zucchini
Thursday	Basic easy chili, salad
Friday	Sheet pan pesto chicken drumsticks with green beans, tomatoes, & cannellini beans, pineapple
Saturday	Leftovers, pizza night, carryout, mix it up!

Dairy & refrigerated

- 8 oz block Happy Farms cream cheese, \$1.49 (Tues)
- 12 oz Happy Farms shredded sharp cheddar, \$2.99 (Tues, Weds, Thurs)
- 8 oz Happy Farms block mozzarella, \$2.09 (Sun)
- Emporium Selection shredded Parmesan, \$2.49 (Sun, Tues, Thurs)

Grocery

- Specially Selected naan, \$4.49 (Sun)
- L'Oven Fresh hamburger buns, \$1.29 (Mon)
- Clancy's wavy potato chips, \$1.79 (Mon)
- Burman's original BBQ sauce, \$1.49 (Mon, Weds)
- Priano Genovese pesto, \$2.29 (Sun, Fri)
- Reggano rotini, \$.99 (Tues)
- Pack of Casa Mamita taco seasoning mix, \$.39 (Tues)
- Can Casa Mamita diced tomatoes with green chilies, \$.89 (Tues)
- Can Dakota's Pride garbanzo beans (chickpeas), \$.79 (Weds)
- Can Dakota's Pride cannellini beans, \$.79 (Fri)
- Can Dakota's Pride black beans, \$.79 (Thurs)
- Can Dakota's Pride kidney beans, \$.79 (Thurs)
- Can Happy Harvest whole kernel corn, \$.49 (Tues)
- Can Happy Harvest tomato sauce, \$.39 (Tues)

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Can Happy Harvest fire roasted diced tomatoes, \$1.09 (Thurs)
Can Happy Harvest tomato paste, \$.79 (Thurs)

Meat

5 lb pack 73% lean ground beef, \$9.95 (Mon, Tues, Thurs)
5.5 lb family pack chicken drumsticks, \$7.10 (Weds, Fri)

Produce

Watermelon, \$4.99 (Sun, Mon)
Pineapple, \$1.99 (Fri)
4 pack sweet corn, \$1.99 (Mon)
Bunch green onions, \$.85 (Tues, Thurs)
Little Salad Bar garden salad, \$1.79 (Thurs)
16 oz green beans, \$1.79 (Tues, Fri)
3 lbs yellow onions, \$2.29 (Sun, Mon, Tues, Weds, Thurs)
3 heads garlic, \$1.49 (Tues, Weds, Thurs, Fri)
20 oz zucchini, \$1.74 (Sun, Weds)
2 packs 10 oz grape tomatoes, \$3.98 (Sun, Fri)
24 oz tomatoes on the vine, \$2.29 (Mon, Thurs)

Total: \$70.84

***** Staple items you'll need: Check for pantry staples, seasonings, & condiments that are used in this week's recipes, but not included in the shopping list:**

Olive oil, butter, brown sugar, cocoa powder, smoked paprika, chili powder, garlic powder, onion powder, Kosher salt, oregano, cumin, basil, cayenne, sea salt, black pepper, crushed red pepper, salad dressing

**** Note:** You can often **substitute something else and/or omit** some of these items, depending on the recipe. Read through the recipes before shopping, to see where you may need to re-stock your own pantry staples.

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