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| **ALDI Meal Plan week of 11/27/22 – Find the recipes at MashupMom.com** |
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| **Sunday** | Rosemary chicken & white bean soup, salad |
| **Monday** | Beef & cabbage stir fry with giardiniera, leftover soup |
| **Tuesday** | Slow cooker Mediterranean chicken drumsticks, rice |
| **Wednesday** | Veggie burrito bowls with sliced avocado, leftover stir fry from Mon |
| **Thursday** | 5 ingredient slow cooker Italian chicken sandwiches, bananas |
| **Friday** | Cheesy sausage, rice, & spinach skillet, cast iron carrots w/ garlic & honey |
| **Saturday** | Leftovers, family pizza night, or order in |

Dairy & refrigerated

8 oz block Happy Farms sharp cheddar cheese, $2.09 (Weds, Fri)
8 oz Happy Farms deli sliced mozzarella, $1.99 (Thurs)

Grocery

L’Oven Fresh split deli rolls, $2.49 (Thurs)
Casa Mamita restaurant style salsa, $2.29 (Weds)
3 lb bag Earthly Grains long grain white rice, $2.29 (Tues, Weds, Fri)
16 oz Tuscan Garden balsamic vinaigrette, $1.39 (Sun, Tues)
Jar of Tuscan Garden Spanish manzanilla olives, $1.69 (Tues)
16 oz Tuscan Garden mild giardiniera, $3.59 (Mon, Thurs)
2 boxes 48 oz value size box Chef’s Cupboard chicken broth, $3.78 (Sun, Mon, Tues, Weds, Thurs, Fri)
Can Dakota’s Pride cannellini beans, $.79 (Sun)
Can Dakota’s Pride great northern beans, $.71 (Sun)
2 cans Dakota’s Pride black beans, $1.42 (Weds)
Can Happy Harvest whole kernel corn, $.59 (Weds)
Can Happy Harvest diced tomatoes, $.79 (Tues)

Meat

6 lb family pack chicken drumsticks, $8.94 (Sun, Tues)
2 lbs boneless skinless chicken breast, $7.98 (Thurs)

12 oz pack Never Any spinach & feta chicken sausage, $4.79 (Fri)
14 oz Old Neighborhood shaved beef, $5.99 (Mon)

Produce

4 bananas, $.76 (Thurs)
2 lbs carrots, $1.89 (Sun, Fri)
8 oz bag spinach, $1.69 (Fri)
Little Salad Bar garden salad, $1.69 (Sun)
14 oz bag coleslaw, $1.59 (Mon)
8 oz white mushrooms, $1.59 (Mon)
3 lbs yellow onions, $1.69 (Sun, Mon, Tues, Weds, Fri)
3 heads garlic, $.99 (Sun, Mon, Tues, Weds, Thurs, Fri)
3 pack multi-colored bell peppers, $2.89 (Tues, Weds)
Celery, $.95 (Sun)
2 avocados, $1.58 (Weds)

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**Total: $70.91**

***\*\*\* Staple items you’ll need – AKA: Check for pantry seasonings & condiments used in this week’s recipes, but not included in the shopping list:***

Olive oil, honey, oregano, Italian seasoning, rosemary, thyme, parsley, smoked paprika, crushed red pepper, bay leaves, chili powder, cumin, cayenne, Kosher salt, sea salt, black pepper

*\*\* Note: You can often* ***substitute for and/or omit*** *some of these staples, depending on the recipe. Read through the recipes before shopping, to see where you may need to re-stock your pantry staples.*