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| **ALDI Meal Plan week of 6/26/22 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Italian chicken thighs w/ zucchini & red potatoes |
| **Monday** | Tortellini cannellini creamy tomato-beany soup, salad |
| **Tuesday** | Slow cooker salsa verde pulled pork tacos, cantaloupe |
| **Wednesday** | Southwest pulled pork & potato bowls, bananas |
| **Thursday** | Slow cooker BBQ chicken drumsticks, potatoes |
| **Friday** | Salsa verde pork & spinach baked taquitos, peaches |
| **Saturday** | Leftovers, family pizza night, or order in! |

**Shopping list (through 6/25):**

*Dairy & refrigerated*

2 blocks 8 oz Happy Farms cheddar, $3.70 (Tues, Weds, Fri)  
8 oz Happy Farms cream cheese, $1.39 (Mon, Fri)  
Priano shredded Parmesan, $2.49 (Sun, Mon, Thurs)  
9 oz Priano Three Cheese tortellini, $2.99 (Mon)

*Frozen*

12 oz bag Season’s Choice steamable sweet corn, $.89 (Weds)

*Grocery*

16 oz jar Specially Selected salsa verde, $2.49 (Tues)  
Burman’s BBQ sauce, $1.29 (Thurs)  
32 oz box Simply Nature organic vegetable broth, $1.89 (Mon)  
Can Happy Harvest fire roasted diced tomatoes, $.91 (Mon)  
Can Dakota’s Pride black beans, $.71 (Weds)  
Can Dakota’s Pride cannellini beans, $.71 (Mon)  
2 packs El Milagro flour tortillas, $1.96 (Tues, Fri)  
2 cans Casa Mamita diced tomatoes with green chilies, $1.38 (Sun, Tues)

*Meat*

6.5 lb whole boneless pork butt, $12.94 (Tues, Weds, Fri)  
3 lbs bone-in chicken thighs, $5.97 (Sun)  
3 lbs chicken drumsticks, $5.97 (Thurs)

*Produce*

Cantaloupe, $1.99 (Tues)  
2 lb bag of peaches, $1.90 (Sun, Fri)  
2 lbs bananas, $.58 (Weds)  
Bunch green onions, $.89 (Mon, Weds)  
2 bags 8 oz spinach, $3.38 (Mon, Fri)  
Bag of garden salad, $1.49 (Mon)  
3 lbs yellow onions, $2.29 (Mon, Tues, Weds)  
5 lbs red potatoes, $4.49 (Sun, Weds, Thurs)  
1.25 lbs zucchini, $1.86 (Sun)  
3 heads garlic, $1.69 (Sun, Mon, Tues, Weds, Fri)  
2 avocados, $2.58 (Tues)

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**Total: $70.82**

***\*\*\* Staple items you’ll need – AKA: Pantry seasonings & condiments used in this week’s recipes, but not included in the shopping list:***

*Olive oil, butter, seasoned salt, Italian seasoning, oregano, black pepper, sea salt, thyme, basil, smoked paprika, chili powder, cumin, Kosher salt, brown sugar (optional), garlic powder, onion powder, cayenne, everything bagel seasoning (optional)*

*\*\* Note: In many cases you can substitute for and/or omit some of these, depending on the recipe. Read through the recipes to see where you may need to re-stock your pantry staples.*