

|  |  |
| --- | --- |
| **ALDI Meal Plan week of 11/21/21 – Find the recipes at MashupMom.com** | |
|  |  |
| **Sunday** | Cracker-y, crumble-y, Parmesan-y pork chops, broccoli, oranges |
| **Monday** | Salsa vegetable soup with beans, baguette |
| **Tuesday** | Sausage & sweet potato sheet pan dinner, salad |
| **Wednesday** | Olive Garden dressing sheet pan chicken dinner, pineapple |
| **Thursday** | Turkey, roasted Brussels sprouts, baked sweet potatoes, Hawaiian rolls, cheese & crackers |
| **Friday** | Leftover turkey chili, tortilla chips, oranges |
| **Saturday** | Night off! Leftovers – carryout – or take & bake deli pizza |

**Shopping list (through 11/20):**

*Dairy & refrigerated*

Priano shredded Parmesan, $1.99 (Sun, Weds, Thurs)  
8 oz block Happy Farms Swiss, $1.89 (Thurs)  
8 oz block Happy Farms cheddar, $1.89 (Thurs, Fri)

*Grocery*

L’Oven Fresh Hawaiian sweet rolls, $2.09 (Thurs)  
Specially Selected baguette, $1.39 (Mon)  
Casa Mamita restaurant style salsa, $1.89 (Mon)  
Clancy’s restaurant style tortilla chips, $1.25 (Fri)  
Savoritz golden rounds crackers, $1.49 (Sun, Thurs)  
Tuscan Garden restaurant style Italian dressing, $1.99 (Sun, Tues, Weds)  
2 boxes 32 oz Chef’s Cupboard chicken broth, $2.38 (Mon, Fri)  
Can of Pueblo Lindo chopped green chiles, $.69 (Fri)  
Can of Dakota’s Pride black beans, $.69 (Mon)  
Can of Dakota’s Pride kidney beans, $.69 (Fri)  
Can of Dakota’s Pride Great Northern beans, $.69 (Fri)  
Can of Simply Nature organic pinto beans, $.99 (Mon)  
Can of Happy Harvest whole kernel corn, $.49 (Mon)  
Can of Happy Harvest cut green beans, $.49 (Mon)  
2 cans Happy Harvest fire roasted diced tomatoes, $1.78 (Fri)  
Can of Happy Harvest tomato paste, $.49 (Fri)

*Meat*

Parkview Polska kielbasa, $2.39 (Tues)  
11 lb Butterball turkey, $9.57 (Thurs, Fri)  
1.25 lbs thin sliced boneless center cut pork chops, $5.61 (Sun)  
1.5 lbs boneless skinless chicken breast, $4.04 (Weds)

*Produce*

4 lbs navel oranges, $3.49 (Sun, Fri)  
Pineapple, $1.69 (Weds)  
16 oz bag of Brussels sprouts, $1.39 (Thurs)  
16 oz broccoli crowns, $1.89 (Sun, Tues)  
16 oz green beans, $1.89 (Weds)  
8 oz baby bella mushrooms, $1.99 (Tues)  
8 oz white mushrooms, $1.89 (Weds)  
Bag of Little Salad Bar garden salad, $1.19 (Tues)  
3 lbs yellow onions, $1.19 (Mon, Tues, Fri)  
3 heads garlic, $1.19 (Mon, Fri)  
5 sweet potatoes, $1.23 (Tues, Thurs)

-----

**Total: $65.89**

***Staple items you’ll need – AKA: Pantry seasonings & condiments used in this week’s recipes, but not in the shopping list:***

*Olive oil, butter, Italian seasoning, smoked paprika, garlic powder, seasoned salt, sage, cinnamon, black pepper, salt, balsamic vinegar, crushed red pepper, chili powder, cumin, oregano, cayenne, sea salt, bay leaves*

*\*\* Note: In many cases you can substitute for and/or omit some of these, depending on the recipe. Read through the recipes to see where you may need to re-stock your pantry staples.*