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| **ALDI Meal Plan week of 6/13/20 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Slow cooker salsa chicken, pineapple slices |
| **Monday** | Pesto tortellini with chicken, spinach, and tomatoes, plus grapes |
| **Tuesday** | Leftover chicken taco soup, salad |
| **Wednesday** | Chicken + cauliflower sheet pan dinner, balsamic peppers |
| **Thursday** | Sausage & pepper chipotle flatbread pizza, pesto green beans, cups of soup |
| **Friday** | Toasted open face Caprese sandwiches with avocado, grapes |
| **Saturday** | Leftovers – pizza night – or carryout |

***Shopping list (through 6/13):***

*Dairy & refrigerated*

9 oz Priano three cheese tortellini, $1.99 (Mon)  
Priano shredded Parmesan, $1.99 (Mon, Weds, Thurs)  
4 oz Emporium Selection goat cheese, $1.99 (Thurs)  
8 oz Emporium Selection marinated mozzarella braid, $3.99 (Fri)  
8 oz Happy Farms block cheddar, $1.65 (Sun, Tues)

*Grocery*

Pack Fit & Active original flatbreads, $2.75 (Thurs)  
Specially Selected ciabatta rolls 6 pack, $2.89 (Fri)  
32 oz Chef’s Cupboard chicken broth, $1.29 (Tues)  
Casa Mamita organic chipotle lime salsa, $1.99 (Sun)  
Priano Genovese pesto, $2.29 (Mon, Thurs)  
El Milagro flour tortillas, $.98 (Sun)  
2 cans Dakota’s Pride black beans, $.96 (Sun, Tues)  
Can Happy Harvest corn, $.49 (Tues)  
2 cans 8 oz Happy Harvest tomato sauce, $.58 (Tues, Thurs)  
Casa Mamita taco seasoning, $.39 (Sun)

Pueblo Lindo chipotles in adobo, $.99 (Tues, Thurs)  
Can Casa Mamita diced tomatoes with green chilies, $.69 (Tues)

*Meat*

4.5 lbs boneless skinless chicken breast, $8.51 (Sun, Mon, Tues, Weds)  
Never Any chicken apple sausage, $3.19 (Thurs)

*Produce*

Pineapple, $1.49 (Sun)  
2 lbs red grapes, $1.58 (Mon, Fri)  
3 heads garlic, $1.29 (Mon, Tues, Thurs, Fri)  
3 lbs yellow onions, $1.89 (Tues, Weds)  
Head of cauliflower, $2.29 (Weds)  
8 oz spinach, $.99 (Mon, Tues)  
Bag garden salad, $1.19 (Tues)  
Bunch green onions, $.69 (Sun, Tues, Thurs)  
1 lb French green beans, $1.99 (Thurs)  
3 pack multi-colored bell peppers, $2.99 (Tues, Weds, Thurs)  
Pint grape tomatoes, $1.89 (Mon)  
2 avocados, $1.98 (Sun, Fri)  
4 Roma tomatoes, $.80 (Fri)

**Total: $60.66**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you are skipping a night, you can easily delete items you don’t need to purchase.*