

|  |  |
| --- | --- |
| **ALDI Meal Plan week of 5/10/20 – Find the recipes at MashupMom.com** | |
|  |  |
| **Sunday** | Sheet pan Parmesan chicken drumsticks w/ carrots & potatoes, watermelon |
| **Monday** | Creamy salsa potato soup, Italian bread, watermelon |
| **Tuesday** | Smoked sausage tortellini skillet, mixed berries |
| **Wednesday** | Chicken & asparagus stir fry, stir fried carrots, rice |
| **Thursday** | Thyme for a one pan chicken mushroom rice skillet, broccoli & cheddar |
| **Friday** | Sheet pan pesto chicken with asparagus & mushrooms, roasted potatoes |
| **Saturday** | Leftovers – pizza night – or carryout |

*Dairy & refrigerated*

Priano shredded Parmesan, $1.99 (Sun, Tues, Fri)  
8 oz Happy Farms cheddar, $1.65 (Mon, Thurs)  
9 oz Priano three cheese tortellini, $1.99 (Tues)  
14 oz Pueblo Lindo verde salsa, $2.49 (Mon)

*Grocery*

Specially Selected Italian take-and-bake bread, $1.99 (Mon)  
Fusia soy sauce, $1.59 (Weds)  
3 lbs Earthly Grains long grain white rice, $1.99 (Weds, Thurs)  
32 oz Simply Nature organic vegetable broth, $1.89 (Mon)  
32 oz Chef’s Cupboard chicken broth, $1.29 (Thurs)  
6.7 oz Priano Genovese pesto, $2.29 (Tues, Fri)

*Meat*

2.5 lbs chicken drumsticks, $3.23 (Sun)  
5.25 lbs boneless skinless chicken breast, $9.92 (Weds, Thurs, Fri)  
Parkview Polska kielbasa, $2.35 (Tues)

*Produce*

Whole seedless watermelon, $3.99 (Sun, Mon)  
1 lb strawberries, $1.19 (Tues)  
Pint blueberries, $1.99 (Tues)  
Bunch green onions, $.69 (Mon, Weds)  
8 oz baby bella mushrooms, $1.89 (Tues)  
2 packs 8 oz mushrooms, $3.38 (Thurs, Fri)  
2 lbs carrots, $1.29 (Sun, Mon, Weds)  
16 oz broccoli crowns, $1.69 (Tues, Thurs)  
2 lbs asparagus, $3.98 (Weds, Fri)  
3 lbs yellow onions, $1.69 (Mon, Tues, Thurs, Fri)  
3 heads garlic, $1.29 (Tues, Weds, Thurs, Fri)  
5 lbs yellow potatoes, $2.99 (Sun, Mon, Fri)

**Total: $60.72**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you are skipping a night, you can easily delete items you don’t need to purchase.*