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| **ALDI Meal Plan week of 3/8/20 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Chicken soup with random roasted vegetables, sourdough toast |
| **Monday** | Chicken & cauliflower sheet pan dinner, pita bread, cara cara oranges |
| **Tuesday** | Four ingredient slow cooker salsa chicken soft tacos, strawberries, oranges |
| **Wednesday** | Broiled Parmesan pork chops & broccoli, balsamic peppers |
| **Thursday** | Easy turkey kielbasa chili, salad |
| **Friday** | Roasted asparagus grilled cheese, carrots need butter & thyme |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 3/7)**

*Dairy & refrigerated*

Priano shredded Parmesan, $1.99 (Mon, Weds, Fri)  
Happy Farms 8 oz block cheddar, $1.65 (Tues, Thurs)  
Emporium Selection deli sliced Havarti, $2.29 (Fri)

*Grocery*

Specially Selected sourdough square, $2.89 (Sun, Fri)  
L’Oven Fresh pita bread, $1.69 (Mon)  
Casa Mamita 24 oz salsa, $1.89 (Tues)  
32 oz Chef’s Cupboard chicken broth, $1.29 (Sun)  
El Milagro flour tortillas, $.95 (Tues)  
1 can Dakota’s Pride Great Northern beans, $.49 (Sun)  
1 can Dakota’s Pride kidney beans, $.49 (Thurs)  
2 cans Dakota’s Pride black beans, $.96 (Tues, Thurs)  
Happy Harvest fire roasted diced tomatoes, $.89 (Thurs)  
Happy Harvest 8 oz tomato sauce, $.29 (Thurs)  
Pack Casa Mamita taco seasoning, $.35 (Tues)  
Casa Mamita diced tomatoes with green chilies, $.65 (Thurs)

*Meat*

Two 13 oz Parkview turkey kielbasa, $4.70 (Thurs)  
4.5 lbs boneless skinless chicken breast, $6.76 (Sun, Mon, Tues)  
1.5 lbs thin sliced pork chops, $5.99 (Weds)

*Produce*

3 lbs cara cara oranges, $2.29 (Mon, Tues)  
1 lb strawberries, $1.19 (Tues)  
1.5 lbs broccoli crowns, $2.54 (Sun, Weds)  
Head cauliflower, $2.29 (Mon)  
2 lbs carrots, $1.49 (Sun, Fri)  
8 oz mushrooms, $1.89 (Sun)  
1 lb asparagus, $1.29 (Fri)  
Garden salad, $1.19 (Thurs)  
3 lbs yellow onions, $1.89 (Sun, Mon, Thurs)  
3 heads garlic, $1.29 (Sun, Thurs)  
3 pack multi-colored bell peppers, $2.99 (Weds, Thurs)  
Pint grape tomatoes, $1.89 (Sun)  
2 avocados, $1.98 (Tues)

**Total: $60.42**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*