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| **ALDI Meal Plan week of 2/16/20 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Low carb taco casserole, carrots need butter & thyme, mixed berries |
| **Monday** | Vegetarian three bean & lentil chili over roasted potatoes, pineapple |
| **Tuesday** | Simple skillet chicken drumsticks, Canal house lentils |
| **Wednesday** | Slow cooker balsamic chicken drumsticks w/ mushrooms & spinach, balsamic peppers |
| **Thursday** | Slow cooker buffalo ranch chicken potato casserole, salad |
| **Friday** | Sheet pan chicken dinner w/ roasted Brussels sprouts & potatoes, roasted asparagus |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 2/15)**

*Dairy & refrigerated*

Friendly Farms sour cream, $1.49 (Sun, Mon)  
2 blocks 8 oz Happy farms cheddar, $3.30 (Sun, Mon, Thurs)

*Frozen*

12 oz Season’s Choice steamable Brussels sprouts, $1.09 (Fri)

*Grocery*

Priano balsamic vinegar, $1.99 (Weds)  
Tuscan Garden ranch dressing, $1.39 (Thurs)  
Tuscan Garden real bacon bits, $1.29 (Thurs, Fri)  
Burman’s hot sauce, $1.99 (Thurs)  
32 oz SimplyNature organic vegetable broth, $1.89 (Mon)  
16 oz Dakota’s Pride dried green lentils, $.95 (Mon, Tues)  
Dakota’s Pride black beans, $.48 (Mon)  
Dakota’s Pride kidney beans, $.49 (Mon)

Dakota’s Pride Great Northern beans, $.49 (Mon)  
Happy Harvest corn, $.48 (Mon)  
Happy Harvest fire roasted diced tomatoes, $.89 (Mon)  
Happy Harvest diced tomatoes, $.59 (Weds)  
Happy Harvest tomato paste, $.39 (Mon, Tues)

*Meat*

1 lb 80/20 ground beef, $2.69 (Sun)  
4 lbs chicken drumsticks, $2.76 (Tues, Weds)  
3 lbs boneless skinless chicken breast, $7.47 (Thurs, Fri)

*Produce*

Pineapple, $1.19 (Mon)  
1 lb strawberries, $1.29 (Sun)  
6 oz blackberries, $1.19 (Sun)  
Bunch green onions, $.69 (Sun, Tues, Thurs)  
1 lb baby carrots, $.89 (Sun)  
8 oz baby bella mushrooms, $1.89 (Weds)  
Cucumber, $.59 (Thurs)  
5 oz SimplyNature organic baby spinach, $2.69 (Weds)  
Garden salad, $1.29 (Thurs)  
1 lb asparagus, $1.69 (Fri)  
3 lbs yellow onions, $1.89 (Mon, Tues, Weds, Fri)  
3 heads garlic, $1.29 (Sun, Mon, Tues, Weds, Thurs, Fri)  
Head of cauliflower, $2.49 (Sun)  
5 lbs yellow potatoes, $2.99 (Mon, Thurs, Fri)  
3 pack multicolored bell peppers, $3.29 (Mon, Weds)  
2 avocados, $1.98 (Sun)  
2 Roma tomatoes, $.40 (Thurs)

**Total: $59.84**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*