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| **ALDI Meal Plan week of 1/26/20 – Find the recipes at MashupMom.com** |
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| **Sunday** | Roast chipotle chicken & potatoes, broccoli |
| **Monday** | Roasted cauliflower, potato, & corn chowder, baguette, strawberries |
| **Tuesday** | BBQ chicken naan pizza, oranges |
| **Wednesday** | Sausage & sweet potato sheet pan dinner, roasted potatoes, oranges |
| **Thursday** | Slow cooker chipotle chicken chili, salad |
| **Friday** | Shrimp & mushroom quesadillas, avocado, leftover chili |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 1/25)**

*Dairy & refrigerated*

Friendly Farms whole milk half gallon, $.99 (Mon)
12 oz Happy Farms shredded cheddar, $2.89 (Sun, Mon, Fri)
8 oz Emporium Selection fresh mozzarella, $2.49 (Tues)

*Grocery*

Specially Selected naan, $3.49 (Tues)
Specially Selected French baguette, $1.49 (Mon)
Tuscan Garden mild pepper rings, $1.69 (Tues, Thurs)
Burman’s BBQ sauce, $.95 (Tues)
SimplyNature 32 oz organic vegetable broth, $1.89 (Mon)
Chef’s Cupboard 32 oz chicken broth, $1.29 (Thurs)
El Milagro flour tortillas, $.95 (Fri)
2 cans Happy Harvest corn, $.98 (Mon, Thurs)
1 can Happy Harvest fire roasted diced tomatoes, $.89 (Thurs)
1 can Dakota’s Pride Great Northern beans, $.69 (Thurs)
1 can Dakota’s Pride kidney beans, $.69 (Thurs)
Pueblo Lindo chipotles in adobo, $.99 (Sun, Thurs)
Casa Mamita taco seasoning packet, $.29 (Fri)

*Meat*

Parkview Polska kielbasa, $2.49 (Weds)
6 lb whole chicken, $5.70 (Sun, Tues)
1.5 lbs boneless skinless chicken thighs, $3.44 (Thurs, Fri)
Fremont Fish Market 12 oz medium raw peeled shrimp (frozen), $5.99 (Fri)

*Produce*

4 lbs navel oranges, $1.99 (Tues, Weds)
Strawberries, $1.89 (Mon)
Bunch cilantro, $.69 (Tues, Thurs)
1 head cauliflower, $1.89 (Mon)
24 oz broccoli, $2.54 (Sun, Weds, Thurs)
2 packs 8 oz baby bella mushrooms, $2.98 (Weds, Fri)
Bag of garden salad, $1.29 (Thurs)
3 lbs yellow onions, $1.89 (Sun, Mon, Tues, Weds, Thurs, Fri)
3 heads garlic, $1.29 (Sun, Mon, Thurs, Fri)
5 lbs baking potatoes, $2.29 (Sun, Mon, Weds)
1 large sweet potato, $.75 (Weds)
2 avocados, $1.18 (Fri)

**Total: $60.94**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*