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| **ALDI Meal Plan week of 11/17/19 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Sausage, peppers, & onions frittata, salad, grapes |
| **Monday** | Cheesy chicken + spinach skillet, baked zucchini w/ Parmesan |
| **Tuesday** | Slow cooker salsa chicken tacos, oranges |
| **Wednesday** | Loaded baked chicken nachos, grapes, tomato cucumber salad |
| **Thursday** | Creamy smoked sausage + white bean chili, tortilla chips, oranges |
| **Friday** | Leftover chili, buttery Parmesan garlic bread, big salad |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 11/16)**

*Dairy & refrigerated*

Happy Farms cream cheese, $.99 (Mon, Thurs)  
Dozen Goldhen eggs, $.84 (Sun, Fri)  
8 oz brick Happy Farms mozzarella, $1.99 (Mon, Fri)  
8 oz brick Happy Farms cheddar, $1.99 (Tues, Weds)  
Emporium garlic & herb goat cheese, $1.99 (Sun)  
Priano shredded Parmesan, $1.99 (Sun, Mon, Fri)

*Grocery*

Specially Selected French baguette, $1.49 (Fri)  
32 oz SimplyNature organic chicken broth, $1.49 (Thurs)  
16 oz Casa Mamita organic chipotle lime salsa, $2.29 (Tues)  
Clancy’s restaurant style tortilla chips, $1.69 (Weds, Thurs)  
El Milagro flour tortillas,$.95 (Tues)  
2 cans Happy Harvest corn, $.98 (Weds, Thurs)  
1 can Dakota’s Pride Great Northern beans, $.69 (Thurs)  
1 can Dakota’s Pride cannellini beans, $.69 (Thurs)  
2 cans Dakota’s Pride black beans, $1.38 (Tues, Weds)  
Casa Mamita taco seasoning packet, $.29 (Tues)

Can Casa Mamita refried beans, $.85 (Weds)  
2 cans Pueblo Lindo chopped green chiles, $1.50 (Thurs)

*Meat*

14 oz Parkview Polska kielbasa, $2.49 (Thurs, Fri)  
12 oz Never Any! chicken apple sausage, $2.99 (Sun)  
4.5 lbs boneless skinless chicken breast, $7.61 (Mon, Tues, Weds)

*Produce*

2 lbs red grapes, $1.98 (Sun, Weds)  
4 lbs navel oranges, $1.99 (Tues, Thurs)  
Bunch green onions, $.89 (Weds, Thurs, Fri)  
3 hearts romaine, $2.19 (Sun, Fri)  
8 oz bag of spinach, $1.39 (Mon)  
2 cucumbers, $1.18 (Weds, Fri)  
3 lbs yellow onions, $1.99 (Sun, Mon, Tues, Weds, Thurs, Fri)  
3 heads garlic, $1.29 (Mon, Weds, Thurs)  
24 oz zucchini, $1.79 (Mon)  
3 pack multicolored bell peppers, $2.99 (Sun, Weds, Fri)  
10 Roma tomatoes, $1.50 (Sun, Weds, Fri)  
3 avocados, $3.57 (Tues, Weds)

**Total: $59.92**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*