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| **ALDI Meal Plan week of 9/1/19 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Paprika roasted chicken & potatoes, easy roasted broccoli |
| **Monday** | Labor Day BBQ: Burgers, grapes, grilled red potatoes |
| **Tuesday** | Slow cooker salsa pork tacos, grapes |
| **Wednesday** | Southwest pulled pork & potato bowls, cantaloupe |
| **Thursday** | Salsa pork & spinach baked taquitos, black beans w/ cumin & garlic |
| **Friday** | Creamy tomato hummus soup, baguette, salad |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 8/31)**

*Dairy & refrigerated*

8 oz Happy Farms brick cream cheese, $1.29 (Thurs, Fri)  
12 oz Happy Farms shredded cheddar, $2.99 (Tues, Weds, Thurs)  
10 oz Park Street Deli roasted red pepper hummus, $2.49 (Fri)

*Grocery*

Specially Selected French baguette, $1.49 (Fri)  
L’Oven Fresh buns, $.99 (Mon)  
16 oz Casa Mamita organic chipotle-lime salsa, $2.29 (Tues)  
32 oz box Chef’s Cupboard chicken broth, $1.39 (Thurs, Fri)  
El Milagro corn tortillas, $.35 (Tues)  
El Milagro flour tortillas, $.95 (Thurs)  
3 cans Dakota’s Pride black beans, $2.07 (Weds, Thurs)  
28 oz can Happy Harvest crushed tomatoes, $1.19 (Fri)

*Meat*

5 lb whole chicken, $4.75 (Sun)  
6 lbs boneless whole pork butt roast, $10.14 (Tues, Weds, Thurs)  
2 lbs Cattlemen’s Ranch Black Angus patties (frozen), $6.89 (Mon)

*Produce*

2 lbs red grapes, $1.78 (Mon, Tues)  
Cantaloupe, $1.39 (Weds)  
4 pack corn, $2.49 (Weds)  
Bunch green onions, $.99 (Tues, Weds, Thurs, Fri)  
16 oz broccoli crowns, $1.39 (Sun, Fri)  
8 oz bag spinach, $1.39 (Thurs)  
Bag of garden salad, $1.19 (Fri)  
3 lbs yellow onions, $2.49 (Sun, Mon, Tues, Weds, Fri)  
3 heads garlic, $1.29 (Sun, Tues, Weds, Thurs, Fri)  
5 lb bag red potatoes, $3.49 (Sun, Mon, Weds)  
5 Roma tomatoes, $.75 (Mon, Fri)  
2 avocados, $1.98 (Tues)

**Total: $59.89**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*