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| **ALDI Meal Plan week of 8/25/19 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Roasted chile-lime chicken & potatoes, salad |
| **Monday** | Pasta Florentine with salmon, grapes |
| **Tuesday** | Fajita-inspired sheet pan chicken thighs & peppers, baked potatoes |
| **Wednesday** | Chopped chicken avocado tomato cucumber salad, grapes |
| **Thursday** | Easy beef enchilada pie, spinach quesadillas |
| **Friday** | White bean wraps w/ feta & guacamole, garlic broccoli pasta |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 8/24)**

*Dairy & refrigerated*

12 oz Happy Farms shredded cheddar, $2.99 (Thurs)  
Priano shredded Parmesan, $1.99 (Sun, Mon, Fri)  
Happy Farms Preferred crumbled feta, $2.19 (Weds, Fri)

*Grocery*

L’Oven Fresh spinach wraps, $2.79 (Fri)  
16 oz SimplyNature organic spaghetti or whole wheat spaghetti, $1.09 (Mon, Fri)

El Milagro flour tortillas, $.95 (Thurs)  
1 can Happy Harvest corn, $.49 (Thurs)  
1 can Dakota’s Pride Great Northern beans, $.69 (Fri)  
1 can Dakota’s Pride Cannellini beans, $.69 (Fri)  
1 can Dakota’s Pride black beans, $.69 (Thurs)  
2 cans 8 oz Happy Harvest tomato sauce, $.58 (Thurs)  
1 can Pueblo Lindo mild diced green chiles, $.65 (Thurs)

*Meat*

16 oz Fremont Fish Market wild caught pink salmon fillets (frozen), $3.99 (Mon)  
1 lb boneless skinless chicken breast, $2.49 (Weds)  
1 lb 80/20 ground beef, $3.29 (Thurs)  
5.5 lbs bone-in chicken thighs, $4.35 (Sun, Tues)

*Produce*

2 lbs green grapes, $1.70 (Mon, Weds)  
16 oz limes, $1.89 (Sun, Weds, Fri)  
Bunch green onions, $.79 (Sun, Weds, Thurs)  
2 bags 8 oz spinach, $2.78 (Mon, Thurs, Fri)  
Bag of garden salad, $1.19 (Sun)  
1 cucumber, $.49 (Fri)  
16 oz mini cucumbers, $2.19 (Weds)  
16 oz broccoli, $1.39 (Sun, Fri)  
3 lbs yellow onions, $2.29 (Mon, Tues, Weds, Thurs, Fri)  
3 heads garlic, $.99 (Sun, Mon, Thurs, Fri)  
5 lbs baking potatoes, $2.69 (Sun, Tues)  
8 oz jalapeños, $.69 (Sun)  
3 pack multi-colored bell peppers, $3.29 (Tues)  
Pint grape tomatoes, $1.69 (Mon)  
12 oz Campari tomatoes, $1.99 (Fri)  
5 Roma tomatoes, $.75 (Weds)  
4 avocados, $3.96 (Weds, Fri)

**Total: $60.67**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*