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| **ALDI Meal Plan week of 6/9/19 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Slow cooker pork carnitas, grapes, mangoes |
| **Monday** | Leftover carnitas naan pizza, cantaloupe |
| **Tuesday** | Pork taquitos, spring mix salad |
| **Wednesday** | Garlic chicken stir fry, mushroom & green onion stir fry, cauliflower rice, grapes |
| **Thursday** | Creamy avocado pasta w/ chicken, salad |
| **Friday** | Smoked salmon scramble, bagels, salad |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 6/8)**

*Dairy & refrigerated*

Dozen Goldhen eggs, $1.18 (Mon, Fri)

Friendly Farms sour cream, $1.29 (Sun, Tues, Thurs)  
8 oz brick cream cheese, $1.29 (Tues, Fri)  
8 oz block Happy Farms cheddar, $1.99 (Sun, Tues)  
8 oz block Happy Farms mozzarella, $1.99 (Mon)

*Frozen*

Season’s Choice riced cauliflower, $1.89 (Weds)

*Grocery*

Specially Selected naan, $3.49 (Mon)  
L’Oven Fresh everything bagels, $1.99 (Fri)  
Can Chef’s cupboard chicken broth, $.49 (Sun, Weds)  
12 oz Reggano rotini, $.99 (Thurs)

El Milagro corn tortillas, $.35 (Sun)   
El Milagro flour tortillas, $.95 (Tues)  
Pueblo Lindo chipotles in adobo, $.99 (Sun)  
Casa Mamita diced tomatoes with green chilies, $.65 (Thurs)

*Meat*

5 lb boneless pork butt, $8.45 (Sun, Mon, Tues)  
2 lbs boneless skinless chicken thighs, $3.38 (Weds, Thurs)  
3 oz Specially Selected cold smoked salmon, $3.99 (Fri)

*Produce*

2 lbs red grapes, $1.78 (Sun, Weds)  
2 mangoes, $.98 (Sun)  
Cantaloupe, $1.29 (Mon)  
3 pack multi-colored bell peppers, $2.39 (Mon, Tues, Weds)  
16 oz limes, $1.99 (Sun, Thurs)  
Bunch green onions, $.79 (Sun, Mon, Weds)  
5 oz SimplyNature organic baby spinach, $2.49 (Mon)  
8 oz bag spinach, $1.39 (Tues)  
16 oz SimplyNature organic spring mix salad, $3.99 (Tues, Thurs, Fri)  
2 packs 8 oz mushrooms, $1.98 (Weds)  
16 oz broccoli crowns, $1.39 (Weds, Thurs)  
3 lb yellow onions, $1.89 (Sun, Thurs)  
3 heads garlic, $.99 (Sun, Tues, Weds, Thurs)  
2 avocados, $2.18 (Thurs)

**Total: $60.87**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*