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| **ALDI Meal Plan week of 6/16/19 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Father’s Day BBQ – Burgers, watermelon, chips & salsa |
| **Monday** | Cheesy summer corn soup, watermelon, asparagus |
| **Tuesday** | Zucchini Spanish rice burrito bowls w/ chicken & mushrooms, strawberries & grapes |
| **Wednesday** | Skillet chicken drumsticks w/ corn, zucchini, & tomatoes, leftover soup |
| **Thursday** | Chicken + bell pepper saute, rice, pineapple |
| **Friday** | Cheesy sausage, rice, & spinach skillet, grapes |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 6/15)**

*Dairy & refrigerated*

Friendly Farms sour cream, $1.29 (Mon, Tues)  
1 lb Happy Farms shredded cheddar, $3.29 (Sun, Mon, Tues, Fri)

*Grocery*

2 packs L’Oven Fresh hamburger buns, $1.70 (Sun)  
3 lbs Earthly Grains long grain white rice, $1.99 (Tues, Thurs, Fri)  
Casa Mamita 24 oz salsa, $1.89 (Sun, Tues)  
32 oz SimplyNature organic vegetable broth, $1.89 (Mon)  
32 oz Chef’s Cupboard chicken broth, $1.39 (Tues, Thurs, Fri)  
Clancy’s hint of lime tortilla chips, $1.69 (Sun)  
6 oz Happy Harvest tomato paste, $.45 (Mon)

*Meat*

2 lb Cattlemen’s Ranch bacon cheddar black Angus patties (frozen), $5.99 (Sun)  
3.25 lbs chicken tenderloins, $6.47 (Tues, Thurs)  
2 lbs chicken drumsticks, $2.58 (Weds)  
12 oz Never Any spinach feta chicken sausage, $2.99 (Fri)

*Produce*

Large seedless watermelon, $3.29 (Sun, Mon)  
Two 4 packs corn on the cob, $3.98 (Mon, Weds)  
2 lbs green grapes, $1.78 (Tues, Fri)  
1 lb strawberries, $.99 (Tues)  
Pineapple, $1.29 (Thurs)  
1 lb asparagus, $1.99 (Mon)  
8 oz baby bella mushrooms, $1.69 (Tues)  
8 oz bag spinach, $1.39 (Fri)  
3 lbs yellow onions, $1.89 (Sun, Mon, Tues, Weds, Thurs, Fri)  
3 heads garlic, $.99 (Mon, Tues, Weds, Fri)  
3 pack multi-colored bell peppers, $3.29 (Mon, Thurs)  
20 oz zucchini, $1.99 (Tues, Weds)  
4 Roma tomatoes, $.60 (Sun)  
Pint grape tomatoes, $1.99 (Weds)

**Total: $60.76**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*