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| **ALDI Meal Plan week of 4/28/19 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Perfect Instant Pot ribs, cream cheese corn |
| **Monday** | Vegetarian white bean wraps, cantaloupe |
| **Tuesday** | Chicken burrito bowls, simple tomato cucumber salad |
| **Wednesday** | Thyme for a one pan chicken mushroom rice skillet, salad |
| **Thursday** | Sneaky ground beef + mushroom tacos, pears |
| **Friday** | Cheesy sausage, rice, & spinach skillet, pears |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 4/27)**

*Dairy & refrigerated*

12 oz Happy Farms shredded cheddar, $2.79 (Tues, Thurs, Fri)  
8 oz brick Happy Farms cream cheese, $1.29 (Sun)  
Happy Farms Preferred crumbled feta, $2.19 (Mon, Weds)  
Park Street Deli 2 pack (16 oz total) classic guacamole, $2.99 (Mon, Tues)

*Frozen*

16 oz Season’s Choice frozen sweet corn, $.95 (Sun)

*Grocery*

L’Oven Fresh spinach wraps, $2.29 (Mon, Thurs)  
Burman’s BBQ sauce, $.95 (Sun)  
3 lbs Earthly Grains long grain white rice, $1.99 (Tues, Weds, Fri)  
Casa Mamita organic chipotle-lime salsa, $2.29 (Tues, Thurs)  
32 oz box Chef’s Cupboard chicken broth, $1.39 (Tues, Weds)  
15 oz can Chef’s Cupboard chicken broth, $.49 (Fri)  
Can Dakota’s Pride great northern beans, $.69 (Mon)

Can Dakota’s Pride Cannellini beans, $.69 (Mon)  
Can Dakota’s Pride black beans, $.69 (Tues)  
8 oz can Happy Harvest tomato sauce, $.29 (Thurs)  
Casa Mamita taco shells, $.89 (Thurs)

*Meat*

4 lbs St. Louis spare ribs, $7.96 (Sun)  
3 lbs chicken tenderloin, $5.97 (Tues, Weds)  
1 lb 80/20 ground beef, $2.89 (Thurs)  
12 oz Never Any spinach feta chicken sausage, $2.99 (Fri)

*Produce*

Cantaloupe, $1.19 (Mon)  
3 lbs anjou pears, $2.49 (Thurs, Fri)  
2 bags 8 oz fresh spinach, $3.78 (Mon, Weds, Fri)  
Garden salad, $.89 (Weds)  
2 cucumbers, $1.18 (Mon, Tues)  
3 baby bella mushrooms 8 oz packs, $2.97 (Weds, Thurs)  
Bunch green onions, $.79 (Sun, Tues, Thurs)  
3 lbs yellow onions, $1.69 (Mon, Tues, Weds, Thurs, Fri)  
3 heads garlic, $.99 (Mon, Tues, Weds, Thurs, Fri)  
16 oz Campari tomatoes, $1.99 (Mon, Tues)

**Total: $60.63**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*