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| **ALDI Meal Plan week of 12/16/18 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Cheesy chicken + spinach skillet, roasted potatoes + Brussels sprouts |
| **Monday** | Slow cooker salsa chicken, mixed berries |
| **Tuesday** | Vegetable pot pie, steamed broccoli |
| **Wednesday** | Salsa chicken spinach baked taquitos, Southwest salad, peas |
| **Thursday** | Low carb breakfast sausage egg muffins, pineapple, sourdough |
| **Friday** | Comforting kielbasa potato soup, sourdough, carrot & celery sticks + dip |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List (through 12/8)**

*Dairy & refrigerated*

Dozen Goldhen eggs, $1.06 (Tues, Thurs)  
Half gallon Friendly Farms whole milk, $1.05 (Tues, Thurs)  
8 oz brick Happy Farms cream cheese, $.89 (Sun, Weds)  
16 oz Friendly Farms sour cream, $.89 (Mon, Fri)  
16 oz Happy Farms shredded cheddar, $3.39 (Mon, Tues, Weds, Thurs, Fri)  
Bake House Creations pie crust, $1.39 (Tues)  
8 oz Happy Farms brick mozzarella, $1.99 (Sun, Tues)

*Frozen*

Season’s Choice 16 oz peas, $.95 (Tues, Weds)

*Grocery*

Specially Selected sourdough round, $2.89 (Thurs, Fri)  
32 oz SimplyNature organic vegetable broth, $1.89 (Tues)  
32 oz Chef’s Cupboard chicken broth, $1.29 (Fri)  
Jar Specially Selected salsa of choice, $1.99 (Mon)  
Two packs El Milagro flour tortillas, $1.90 (Mon, Weds)  
Casa Mamita taco seasoning packet, $.29 (Mon)

*Meat*

5 lbs boneless skinless chicken breast, $8.45 (Sun, Mon, Weds)  
14 oz Parkview polska kielbasa, $2.29 (Fri)  
16 oz Appleton Farms breakfast sausage, $1.89 (Thurs)

*Produce*

Pineapple, $1.29 (Thurs)  
Three 8 oz bags spinach, $2.97 (Sun, Weds, Fri)  
Southwest salad kit, $2.49 (Weds)  
16 oz mushrooms, $3.18 (Tues)  
2 lbs carrots, $1.09 (Tues, Fri)  
16 oz broccoli crowns, $1.69 (Tues)  
16 oz Brussels sprouts, $1.29 (Sun)  
6 oz blackberries, $.98 (Mon)  
Pint blueberries, $2.49 (Mon)  
3 lbs yellow onions, $1.99 (Sun, Tues, Thurs, Fri)  
5 lbs red potatoes, $3.29 (Sun, Tues, Fri)  
3 heads garlic, $1.29 (Sun, Tues, Weds, Fri)  
Celery, $1.29 (Tues, Fri)  
Avocado, $1.09 (Mon)

**Total: $60.91**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in – If you’re skipping a night; easily delete the items you don’t need to purchase.*