



# **Common Kitchen Conversions**

4 quarts = 1 gallon

2 pints = 1 quart

2 cups = 1 pint

1 cup = 8 oz

$\frac{1}{4}$  cup = 4 Tbsp

1 Tbsp = 3 tsp

$\frac{1}{8}$  tsp = 1 pinch

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