

Weekend 1: Clutter

You will need:

- 1) A laundry basket or a large shopping bag for each family member + 1 for each "non-bedroom" room in your house.
- 2) A garbage bag.



Decide where you'd like to start. Maybe work from top to bottom, or from one end of your house to the other. Either way, let's get going!

Using your laundry baskets or shopping bags, go through each room sorting the clutter into bags/baskets by family member. If it's garbage, throw it away. If it needs to be laundered, throw it in your laundry area.

After you go through each room, put the newly sorted bags of "stuff" into their appropriate rooms.

If one of your bags is mail, bills & work or school papers, sort through it. Throw away the junk. Separate everything into categories: bills, kids, work. If you have a couple bins or baskets, use them to hold this current mail. If you don't, a quick trip to the Dollar Tree can solve that problem. If you'd prefer something nicer stores like Homegoods, Target & Amazon will surely have something you like!

Throw the garbage bag away.