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| **ALDI Meal Plan week of 11/15 – Find the recipes at MashupMom.com** |
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| **Sunday** | Roast chipotle chicken & potatoes, broccoli & cheddar |
| **Monday** | Leftover chicken, mushroom, & mozzarella hand pies, garlic Parmesan roasted acorn squash |
| **Tuesday** | Easy chipotle turkey chili, baked potatoes, oranges |
| **Wednesday** | Bowties & beans pasta, salad |
| **Thursday** | Smoked salmon scramble, salad |
| **Friday** | 30 minute kielbasa tortellini soup, Italian bread, oranges |
| **Saturday** | Leftovers – pizza night – or carryout |

**Shopping list (through 11/14):**

*Dairy & refrigerated*

Dozen Goldhen large eggs, $1.19 (Mon, Weds, Thurs)
Countryside Creamery butter quarters, $2.99 (Sun, Mon, Thurs, Fri)
8 oz Happy Farms cream cheese, $1.29 (Mon, Thurs)
8 oz Happy Farms block cheddar, $1.79 (Sun, Tues)
8 oz Happy Farms block mozzarella, $1.79 (Mon, Thurs)
Priano shredded Parmesan, $1.99 (Mon, Weds, Fri)
Bake House Creations pie crust, $1.29 (Mon)
Priano three cheese tortellini 9 oz, $1.99 (Fri)

*Grocery*

Specially Selected take-and-bake Italian bread, $1.99 (Fri)
32 oz Chef’s Cupboard chicken broth, $.99 (Fri)
12 oz Reggano farfalle (bowtie pasta), $.99 (Weds)
2 cans Happy Harvest fire roasted diced tomatoes, $1.78 (Tues)
3 cans Happy Harvest diced tomatoes, $1.77 (Weds, Fri)
1 can Dakota’s Pride black beans, $.48 (Tues)
1 can Dakota’s Pride kidney beans, $.49 (Tues)
2 cans Dakota’s Pride Cannellini beans, $.98 (Weds)
Pueblo Lindo chipotles in adobo, $.99 (Sun, Tues)

*Meat*

Parkview Polska kielbasa, $2.39 (Fri)
6 lb whole chicken, $4.74 (Sun, Mon)
19.2 oz Kirkwood fresh 93% lean ground turkey, $3.99 (Tues)
Specially Selected cold smoked salmon, $3.99 (Thurs)

*Produce*

1 lb broccoli, $1.49 (Sun, Weds)
4 lbs navel oranges, $2.49 (Tues, Fri)
Bunch green onions, $.75 (Tues, Thurs)
2 packs 8 oz white mushrooms, $3.38 (Mon, Fri)
2 packs 8 oz Little Salad Bar spinach, $2.78 (Weds, Fri)
3 hearts of romaine, $2.49 (Weds, Thurs)
1 cucumber, $.59 (Weds, Thurs)
3 heads garlic, $1.29 (Sun, Mon, Tues, Weds, Fri)
3 lbs yellow onions, $1.29 (Sun, Mon, Tues, Thurs, Fri)
5 lbs baking potatoes, $2.69 (Sun, Tues)
2 lb acorn squash, $1.38 (Mon)
2 Roma tomatoes, $.40 (Thurs)

**Total: $60.91**

***Staple items you’ll need – AKA: Pantry spices & condiments used in this week’s recipes, but not in the shopping list***

*Olive oil, smoked paprika, Kosher salt, sea salt, salt, black pepper, chili powder, cumin, thyme, parsley, rosemary, chili powder, oregano, cocoa powder, basil, crushed red pepper*

*Note: In many cases you can substitute for and/or omit some of these, depending on the recipe. Read through the recipes to see where you may need to re-stock your pantry staples.*