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| **ALDI Meal Plan week of 7/1/18 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Slow cooker BBQ chicken sandwiches, strawberries, salad |
| **Monday** | Cheesy summer corn soup, crunchy tortilla chicken fingers |
| **Tuesday** | Burgers, corn, watermelon, tortilla chips |
| **Wednesday** | Beef, tomato, & spinach tortellini, side salad |
| **Thursday** | Sneaky ground beef & mushroom tacos, watermelon |
| **Friday** | Chicken avocado mozzarella chopped salad, leftover corn soup |
| **Saturday** | Leftovers – pizza night – eat out – or date night |

**Your ALDI Shopping List**

*Dairy & refrigerated*

Friendly Farms sour cream, $1.49 (Mon, Thurs)  
8 oz brick Happy Farms cheddar, $1.99 (Mon, Thurs)  
9 oz Priano three cheese tortellini, $1.99 (Weds)  
Priano shredded Parmesan, $1.99 (Weds)  
8 oz Priano mozzarella balls in water, $3.29 (Fri)

*Grocery*

2 packs L’Oven Fresh hamburger buns, $1.70 (Sun, Tues)  
Tuscan Garden balsamic vinaigrette, $1.29 (Sun, Weds, Fri)  
Burman’s  BBQ sauce, $.99 (Sun, Mon)  
Great Gherkins Kosher Dill sandwich slices, $1.15 (Sun, Tues)  
Clancy’s restaurant style tortilla chips, $1.49 (Mon, Tues)  
Can Chef’s Cupboard chicken broth, $.49 (Sun)  
32 oz box SimplyNature organic vegetable broth, $1.89 (Mon)  
6 oz can Happy Harvest tomato paste, $.39 (Mon)  
8 oz can Happy Harvest tomato sauce, $.29 (Thurs)  
Casa Mamita taco shells, $.89 (Thurs)

*Meat*

4 lbs boneless skinless chicken breast, $6.76 (Sun, Mon, Fri)  
5 lb pack 73% lean ground beef, $8.95 (Tues, Weds, Thurs)

*Produce*

Seedless watermelon, $2.69 (Tues, Thurs)  
3 heads romaine, $1.99 (Weds, Fri)  
8 oz bag spinach, $1.29 (Weds)  
Garden salad, $.89 (Sun)  
Green onions, $.89 (Mon, Fri)  
16 oz mushrooms, $2.98 (Thurs)  
1 cucumber, $.59 (Fri)  
Strawberries, $1.29 (Sun)  
3 heads garlic, $1.49 (Sun, Mon, Weds, Thurs)  
3 lb yellow onions, $1.99 (Sun, Mon, Tues, Weds, Thurs, Fri)  
3 pack multicolored bell peppers, $3.29 (Mon, Thurs, Fri)  
7 Roma tomatoes, $1.20 (Weds, Fri)  
8 ears of corn, $2.00 (Mon, Tues)  
1 avocado, $1.09 (Fri)

**Total: $60.70**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in – If you’re skipping a night; easily delete the items you don’t need to purchase.*